



St Anne's Church, Chingford

Web site: www.stanneE4.org.uk

9th March 2025 – 1st Sunday of Lent

Parish Eucharist - 10.00

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Welcomers: Jenny Miller, David Sendall

Servers: Terisa Nabukolu, Trisha Nakanwagi, Merissa Narusoke

Chalice: Eira Endersbee, Anthony Sullivan

Lessons: Jean Ellis

Prayers: Rosalind Tatam

Leader: Jude Bullock

Preacher: Jude Bullock

Celebrant: Mick Scotchmer

Music: Bill Gloyn

Hymns:

202 Forty days and forty nights

152 Dear Lord and Father

43 As the deer pants for the water

652 Seek ye first

36 And can it be

In every headland, in every beach, in every grain of sand, there is the story of the earth.

Rachel Carson

'Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil.'



This week

Wednesday	12th Mar	11.30	Bible Study
		20.00	MMU Lent Course (by Zoom)
Thursday	13th Mar	19.30	Friends hour
Friday	14th Mar	10.00	Eucharist
Sunday	16th Mar	10.00	Parish Eucharist



Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the
wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience
to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Lord God,
you have renewed us with the living bread
from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the
true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

Old Testament Reading

Deuteronomy 26.1-11

Moses spoke to the people, saying: ¹When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ²you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. ³You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' ⁴When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, ⁵you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. ⁶When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, ⁷we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. ⁸The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; ⁹and he brought us into this place and gave us this land, a land flowing with milk and honey. ¹⁰So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. ¹¹Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

This is the word of the Lord.
All Thanks be to God.

New Testament Reading

Romans 10.8b-13

⁸What does scripture say?
'The word is near you,
on your lips and in your heart'
(that is, the word of faith that we proclaim); ⁹because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹The scripture says, 'No one who believes in him will be put to shame.' ¹²For there is

no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, 'Everyone who calls on the name of the Lord shall be saved.'

This is the word of the Lord.

All Thanks be to God.

Gospel

Luke 4.1-13

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

¹Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ²where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' ⁴Jesus answered him, 'It is written, "One does not live by bread alone."'

⁵Then the devil led him up and showed him in an instant all the kingdoms of the world. ⁶And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷If you, then, will worship me, it will all be yours.' ⁸Jesus answered him, 'It is written,

"Worship the Lord your God,
and serve only him.'"

⁹Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, ¹⁰for it is written,

"He will command his angels concerning you,
to protect you",

¹¹and

"On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

¹²Jesus answered him, 'It is said, "Do not put the Lord your God to the test.'" ¹³When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.

All **Praise to you, O Christ**

The music today is mainly by Maurice Ravel, French composer and pianist, who was born 150 years ago. Bought up as a catholic, he never composed any music for the church. However, much of his work has a spiritual quality - influenced by the Impressionist period in which he lived.

Before the service is a "Fugue in C minor", based on a subject by Bach, followed by a "Menuet" from the suite "le Tombeau de Couperin" which has six movements remembering friends who died in World War I. Then a "Prelude" and "Pavane". During the procession to the lectern is another "Menuet", influenced by Haydn.

At the peace is a setting of "Otche Nash (Our Father) by Nikolai Kedrov, followed by the Ukraine Peace anthem. During Communion is Ravel's "Pavane pour une Infante Défunte" (for a dead Princess). The outgoing voluntary is a prelude on "Herr Gott, nun schleuß den Himmel auf" (Dear God, open up the Heavens) by J S Bach.

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

E

Ukraine and Eat or Heat - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

W

Rota Dates - The rota for May to July will be prepared shortly. If you are on the rota please let Mick know of any dates you will not be available. If you would like to join any of our Sunday morning rotas please speak to Mick, Jude or one of the churchwardens.

To celebrate the re-opening of Notre-Dame Cathedral

the Valentine Singers will perform:

David Briggs' Messe Pour Notre-Dame and Louis Vierne's Messe Solennell Saturday, 15th March at 7pm. Doors open at 6.30pm St. Gabriel's Church, Aldersbrook, Wanstead, E12 5HH

S

Friend's hour Every Thursday at 7.30 during Lent: An hour of silent prayer/meditation/reflection. All welcome

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for March: 6th Lily Burnett, 9th Dorothy Rossiter, Joan Page-Webster, 10th Peter Simpson, 11th Florence Digman, 12th Elsie Muscutt, 15th Linda Smith-Pryor, 17th John Barwick, Violet Gibbs, 18th Aglaia Macropoulos, Cyril Ives, 21st Bernice Foster, Anthony Foster, 22nd Kim Runeckles, 23rd Derek Palmer, 24th Betty Crawford, 27th John Wood.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*